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I don't believe that there's another facility in the country that could've integrated my rehab and workout programs the way they have. I believe this is definitely one of the best training facilities in the country and would recommend it to anyone who's looking to improve themselves."

SAM BRADFORD, NFL QUARTERBACK

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EXOS has the best therapists and equipment available to get you back in the game."

ROBBIE FINDLEY, 2009 MLS CUP CHAMPION

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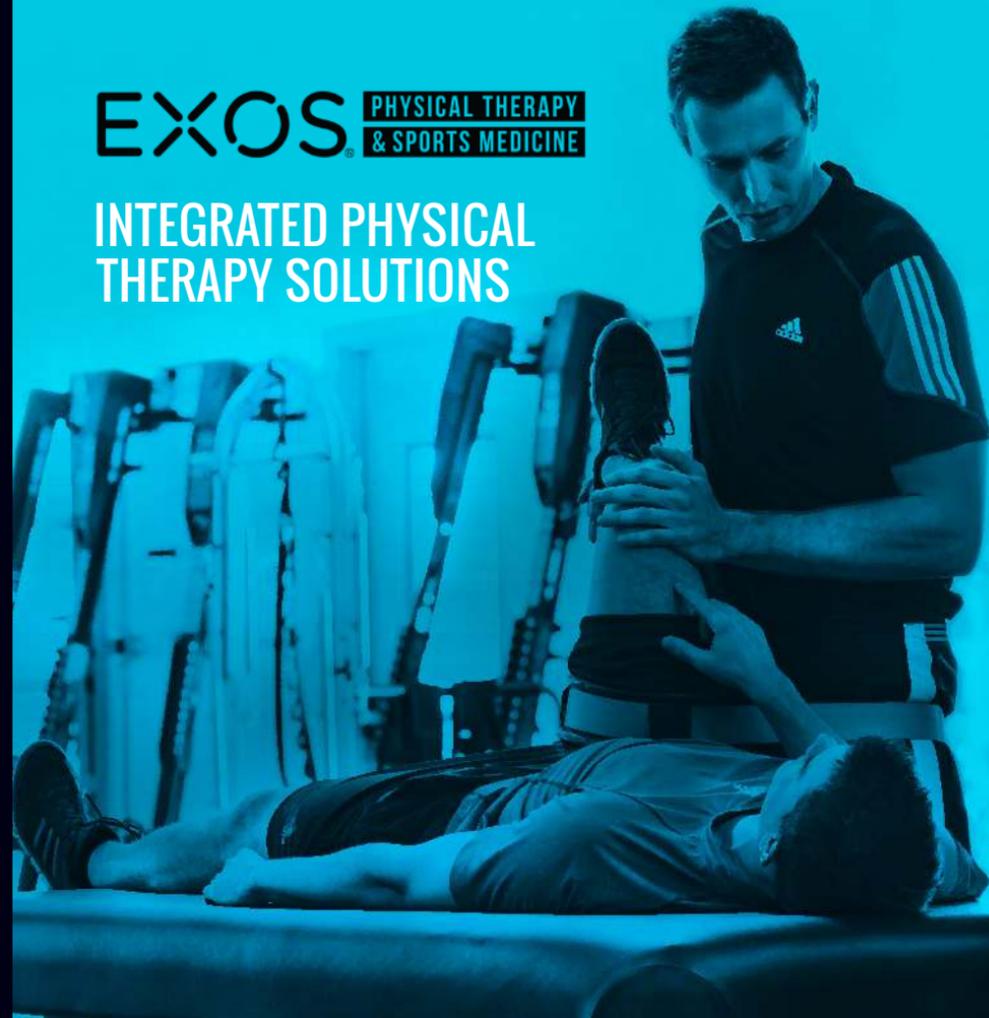
EXOS gave me the opportunity to compete at the highest level again after an almost career-ending injury. Without the EXOS team, playing major league baseball would be a thought, not a reality."

YASMANI GRANDAL, MLB CATCHER

EXOS PHYSICAL THERAPY
& SPORTS MEDICINE

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INTEGRATED PHYSICAL
THERAPY SOLUTIONS



Getting back to living your life takes more than just getting over the physical injury. The team at EXOS provides you with the tools, treatment, and confidence to come back from your injury and thrive.

Using our holistic approach to each injury, we offer a complete evaluation of the injury and surrounding areas, looking for deficiencies and weakness that could have factored into the cause of the injury.

Our physical therapy services help bridge the gap between traditional rehabilitation and performance training.

OUR STAFF

Our team is made up of performance specialists, dietitians, physical therapists, and rehabilitation specialists with world-class knowledge, backgrounds, and credentials.

OUR METHODOLOGY

At the heart of our approach sits an innovative system for overall health and fitness built from decades of experience and made up of the four pillars of mindset, nutrition, movement, and recovery.

GET BACK IN THE GAME

EXOS serves a variety of populations with proactive health, physical therapy, and performance solutions.

1.2M people use EXOS to get better daily

400+ EXOS sites worldwide in over 30 countries

70+ locations partnering with hospitals and health systems

759 NFL draft picks trained by EXOS

12K elite athletes supported

39 military bases served

750+ Accelerated Return to Duty participants

170K+ military operators trained

15+ countries where we offer continuing education courses

200+ corporate clients

WHY WORK WITH US?

+ Working with a physical therapist who understands your unique physical challenges leads to better, quicker results and reduced risk of future injury.

+ We care about your recovery, whether you're an MVP looking to get back on the field or an active adult trying to regain your lifestyle.

OUR BACKGROUND

EXOS is trusted by elite athletes, the military, health systems, community centers, universities, and top companies worldwide. With over 15 years of industry experience, EXOS' technology and tested methodology help people overcome obstacles and create personal breakthroughs.

Visit teamexos.com/locations or email physicaltherapy@teamexos.com for more information.